

ALZV SPRINT CUP 2026: Session: 1: Startlist per athlete for TEAM: TSZ

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Wit Ellen

Coaches: Verluyten Philippe

Coaches: Hanssens Yash

Coaches: Michiels Hans HEADCOACH

PB => Personal Best time

Athlete: AERENS JEF

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	11	3	00:34.63	00:35.52	14:32 00:45
50M BACKSTROKE MEN 11+	6	7	3	00:40.51	no time	15:17 00:54
50M BREASTSTROKE MEN 11+	9	13	5	00:38.66	00:39.95	16:11 00:37
50M FREESTYLE MEN 11+	12	12	5	00:30.22	00:31.62	16:48

Athlete: BOEL LIAM

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	13	3	00:32.68	no time	14:34 00:59
50M BACKSTROKE MEN 11+	6	17	2	00:31.65	00:32.95	15:33 00:37
50M BREASTSTROKE MEN 11+	9	12	3	00:39.01	00:40.04	16:10 00:40
50M FREESTYLE MEN 11+	12	14	3	00:28.52	00:28.22	16:50

Athlete: BOODTS GERBEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	18	4	00:27.34	00:27.34	14:39 00:55
50M BACKSTROKE MEN 11+	6	18	3	00:27.93	00:29.15	15:34 00:40
50M BREASTSTROKE MEN 11+	9	16	2	00:33.82	00:35.02	16:14 00:39
50M FREESTYLE MEN 11+	12	17	4	00:26.16	00:26.76	16:53

Athlete: DE JONG STAN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	16	2	00:30.13	00:29.89	14:37 00:57
50M BACKSTROKE MEN 11+	6	18	1	00:30.70	00:30.02	15:34 00:40
50M BREASTSTROKE MEN 11+	9	16	1	00:35.31	00:35.79	16:14 00:40
50M FREESTYLE MEN 11+	12	18	1	00:26.33	00:26.94	16:54

Athlete: DE JONG SUZAN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11+	2	12	4	00:32.21	00:32.45	14:16 00:48
50M BACKSTROKE WOMEN 11+	5	14	2	00:31.15	00:31.53	15:04 00:50
50M BREASTSTROKE WOMEN 11+	8	14	1	00:35.61	00:37.52	15:54

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50M FREESTYLE WOMEN 11+	11	14	5	00:27.93	00:28.99	16:35
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Athlete: DEBRABANDERE LEONIE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11+	2	13	2	00:31.23	00:30.80	14:17 00:46
50M BACKSTROKE WOMEN 11+	5	13	2	00:33.18	00:35.44	15:03 00:47
50M BREASTSTROKE WOMEN 11+	8	11	4	00:39.05	00:40.71	15:50 00:44
50M FREESTYLE WOMEN 11+	11	13	1	00:29.20	00:29.80	16:34

Athlete: DERRE FLEUR

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11+	2	11	4	00:33.70	00:33.11	14:15 00:43
50M BACKSTROKE WOMEN 11+	5	10	4	00:35.96	no time	14:58 00:53
50M BREASTSTROKE WOMEN 11+	8	12	4	00:38.17	00:40.88	15:51 00:39
50M FREESTYLE WOMEN 11+	11	9	2	00:31.20	no time	16:30

Athlete: DERYCK JULIE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MIXED 10-9	1	1	3	00:53.43	no time	14:00 02:19
50M FREESTYLE MIXED 10-9	10	2	1	no time	no time	16:19

Athlete: EL BOUJADDAYNI DAOUD

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	14	2	00:39.03	00:32.41	14:35 00:56
50M BACKSTROKE MEN 11+	6	16	5	00:33.02	00:38.88	15:31 00:44
50M BREASTSTROKE MEN 11+	9	17	5	00:34.33	00:34.60	16:15 00:37
50M FREESTYLE MEN 11+	12	16	2	00:27.37	00:28.01	16:52

Athlete: EL BOUJADDAYNI YAHYA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	4	1	00:53.26	00:45.55	14:24 00:42
50M BACKSTROKE MEN 11+	6	1	2	no time	no time	15:06 00:53
50M BREASTSTROKE MEN 11+	9	4	2	00:51.01	no time	15:59 00:38
50M FREESTYLE MEN 11+	12	2	1	no time	no time	16:37

Athlete: EVERAERT MATTHIEU

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	8	1	00:38.50	00:36.89	14:29 00:46
50M BACKSTROKE MEN 11+	6	6	5	00:46.51	00:44.78	15:15 00:44
50M BREASTSTROKE MEN 11+	9	4	1	no time	no time	15:59

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50M FREESTYLE MEN 11+	12	8	2	00:33.45	00:33.36	16:44
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Athlete: GAUDAEN MAUD

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11+	2	13	4	00:31.73	00:30.97	14:17 00:39
50M BACKSTROKE WOMEN 11+	5	9	3	00:37.30	00:37.13	14:56 00:54
50M BREASTSTROKE WOMEN 11+	8	11	1	00:40.13	00:45.59	15:50 00:45
50M FREESTYLE WOMEN 11+	11	14	1	00:28.10	00:28.62	16:35

Athlete: GOEMINNE ELLEMIEKE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11+	2	4	4	00:39.81	00:41.25	14:07 00:43
50M BACKSTROKE WOMEN 11+	5	5	2	00:40.81	no time	14:50 00:47
50M BREASTSTROKE WOMEN 11+	8	1	2	no time	no time	15:37 00:45
50M FREESTYLE WOMEN 11+	11	2	2	no time	no time	16:22

Athlete: HERREGODTS INA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11+	2	3	1	00:44.45	00:43.15	14:06 00:38
50M BACKSTROKE WOMEN 11+	5	2	5	no time	no time	14:44 00:53
50M BREASTSTROKE WOMEN 11+	8	1	3	no time	no time	15:37 00:45
50M FREESTYLE WOMEN 11+	11	2	5	no time	no time	16:22

Athlete: JANSSENS MILA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MIXED 10-9	1	2	5	00:53.15	no time	14:01 02:17
50M FREESTYLE MIXED 10-9	10	1	1	00:45.42	no time	16:18

Athlete: KARER MALIK

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	10	4	00:34.88	00:38.74	14:31 00:52
50M BACKSTROKE MEN 11+	6	11	4	00:39.59	00:37.72	15:23 00:50
50M BREASTSTROKE MEN 11+	9	15	4	00:36.02	00:36.08	16:13 00:34
50M FREESTYLE MEN 11+	12	11	3	00:30.71	00:29.54	16:47

Athlete: LAGEY LISELOTTE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11+	2	14	2	no time	no time	14:18 00:46
50M BACKSTROKE WOMEN 11+	5	14	5	no time	00:33.58	15:04 00:50
50M BREASTSTROKE WOMEN 11+	8	14	3	no time	00:32.88	15:54

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50M FREESTYLE WOMEN 11+	11	14	3	no time	00:26.50	16:35
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Athlete: LALOO FÉLINE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11+	2	4	3	00:39.41	00:39.12	14:07 00:43
50M BACKSTROKE WOMEN 11+	5	5	1	no time	00:41.55	14:50 00:50
50M BREASTSTROKE WOMEN 11+	8	3	5	no time	no time	15:40 00:44
50M FREESTYLE WOMEN 11+	11	4	5	00:35.05	00:33.65	16:24

Athlete: MICHIELS SIBE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	18	2	00:27.59	00:27.98	14:39 00:55
50M BACKSTROKE MEN 11+	6	18	4	00:28.29	00:29.10	15:34 00:40
50M BREASTSTROKE MEN 11+	9	16	3	00:34.92	00:38.84	16:14 00:40
50M FREESTYLE MEN 11+	12	18	4	00:24.78	00:25.76	16:54

Athlete: OSSELAER VAN NIEUWENHUYZE KAIL

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MIXED 10-9	1	1	4	no time	no time	14:00 02:18
50M FREESTYLE MIXED 10-9	10	1	2	no time	no time	16:18

Athlete: OSSELAER VAN NIEUWENHUYZE KIAN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	6	4	00:41.31	00:41.50	14:26 00:41
50M BACKSTROKE MEN 11+	6	2	1	no time	no time	15:07 00:54
50M BREASTSTROKE MEN 11+	9	5	1	no time	no time	16:01 00:39
50M FREESTYLE MEN 11+	12	4	4	no time	00:36.09	16:40

Athlete: SCHELFAUT NELL

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11+	2	9	4	00:33.76	00:33.40	14:13 00:48
50M BACKSTROKE WOMEN 11+	5	12	2	00:34.30	00:35.30	15:01 00:44
50M BREASTSTROKE WOMEN 11+	8	7	2	00:44.10	00:44.07	15:45 00:46
50M FREESTYLE WOMEN 11+	11	10	4	00:30.67	00:31.64	16:31

Athlete: SCHRAUWEN BJARNE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	17	5	00:28.98	00:28.65	14:38 00:56
50M BACKSTROKE MEN 11+	6	18	2	00:30.20	00:30.19	15:34 00:37
50M BREASTSTROKE MEN 11+	9	13	4	00:43.09	00:42.06	16:11

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50M FREESTYLE MEN 11+	12	18	5	00:26.27	00:27.27	16:54
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Athlete: SCIACCA EMILIO

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	13	5	00:33.48	00:33.11	14:34 00:48
50M BACKSTROKE MEN 11+	6	10	1	00:39.51	00:40.44	15:22 00:43
50M BREASTSTROKE MEN 11+	9	8	5	00:45.35	00:44.49	16:05 00:42
50M FREESTYLE MEN 11+	12	11	5	00:33.17	00:31.26	16:47

Athlete: SCIACCA LEANDRO

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	17	2	00:28.94	00:28.41	14:38 00:53
50M BACKSTROKE MEN 11+	6	16	4	00:32.55	00:33.18	15:31 00:45
50M BREASTSTROKE MEN 11+	9	18	2	00:31.28	00:31.79	16:16 00:37
50M FREESTYLE MEN 11+	12	17	5	00:26.66	00:27.30	16:53

Athlete: SEGERS ZOë

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MIXED 10-9	1	2	2	00:49.73	no time	14:01 02:17
50M FREESTYLE MIXED 10-9	10	1	4	00:44.70	no time	16:18

Athlete: STESENS EMMA-LOUISE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11+	2	13	3	00:30.87	00:31.16	14:17 00:47
50M BACKSTROKE WOMEN 11+	5	14	1	00:31.70	00:32.35	15:04 00:47
50M BREASTSTROKE WOMEN 11+	8	12	3	00:36.16	00:37.01	15:51 00:43
50M FREESTYLE WOMEN 11+	11	13	4	00:28.09	00:28.88	16:34

Athlete: VAN BUNDER AMY

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11+	2	14	4	00:29.68	00:29.84	14:18 00:45
50M BACKSTROKE WOMEN 11+	5	13	3	00:32.62	00:33.23	15:03 00:50
50M BREASTSTROKE WOMEN 11+	8	13	3	00:36.39	00:38.06	15:53 00:41
50M FREESTYLE WOMEN 11+	11	13	5	00:29.84	00:28.85	16:34

Athlete: VANDEPUTTE WOUT

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 11+	3	9	3	00:36.33	00:36.41	14:30 00:57
50M BACKSTROKE MEN 11+	6	13	2	00:35.39	00:35.09	15:27 00:41
50M BREASTSTROKE MEN 11+	9	11	4	00:40.34	00:39.19	16:08

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50M FREESTYLE MEN 11+	12	8	1	00:33.75	00:32.75	16:44
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Athlete: VERLUYTEN LENI

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11+	2	12	2	00:33.12	00:32.12	14:16 00:48
50M BACKSTROKE WOMEN 11+	5	14	4	00:30.64	00:31.38	15:04 00:49
50M BREASTSTROKE WOMEN 11+	8	13	4	00:36.86	00:38.37	15:53 00:40
50M FREESTYLE WOMEN 11+	11	12	3	00:28.86	00:29.58	16:33

Athlete: VERLUYTEN NIENE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11+	2	10	4	00:33.36	00:33.57	14:14 00:49
50M BACKSTROKE WOMEN 11+	5	13	4	00:33.05	00:33.66	15:03 00:44
50M BREASTSTROKE WOMEN 11+	8	8	1	00:42.86	00:43.15	15:47 00:46
50M FREESTYLE WOMEN 11+	11	12	2	00:29.61	00:30.37	16:33